

**ONALASKA MIDDLE SCHOOL MENU
FEBRUARY 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</p> <p>Menu is subject to change without notice</p>	<p>Alternate to the main Entrée' is Pizza Variety</p>			<p>1</p> <p>Fan Favorite WG Mini Corn Dogs Bowl Game Baked Beans Super Sliced Pears Goal Post Garden Bar</p> <p>Breakfast: WG Mini Bagels with Cream Cheese, fruit, juice, milk</p>
4	5	6	7	8
<p>Walking Taco with WG Chips Green Peas Pears Garden Bar</p> <p>Breakfast: WG Pancake on a Stick, fruit, juice, milk</p>	<p>Bakalar Hot Dog on a WG Bun- Changed to: Cheeseburger on a WG Bun Homemade Chicken Noodle Soup Blueberries/ Pineapple Garden Bar</p> <p>Breakfast: WG Muffin, Tri- Tater, sausage, fruit, juice, milk</p>	<p>Nacho Ground Beef over WG Tortilla Chips Refried Beans/Corn Banana Garden Bar</p> <p>Breakfast: WG Banana Bread, Cheese Stick, fruit, juice, milk</p>	<p align="center">Harvest of the Month Colby Cheese Omelet, Tater Tots, Homemade Muffin with locally grown Sweet Potatoes Applesauce Garden Bar</p> <p>Breakfast: WG Breakfast Pizza, fruit, juice, milk</p>	<p>No School</p>
11	12	13	14	15
<p>Chicken Patty on a WG Bun Carrot Coins Slushy Cup Garden Bar</p> <p>Breakfast: Breakfast Sandwich on a WG Bagel, fruit, juice, milk</p>	<p>Cheeseburger on a WG Bun Baked Beans Banana Garden Bar</p> <p>Breakfast: WG Mini Bagel with Cream Cheese, fruit, juice, milk</p>	<p>Meatballs and Gravy over Mashed Potatoes WG Dinner roll Orange Slices Garden Bar</p> <p>Breakfast: WG French Toast Sticks, fruit, juice, milk</p>	<p>Orange Chicken over Brown Rice Stir Fry Veggies Mandarin Oranges Garden Bar</p> <p>Breakfast: WG Cheesy Bosco Pretzel Stick, Tri-Tater, fruit, juice, milk</p>	<p>WG Spaghetti and Meat Sauce WG Breadstick Green Peas Applesauce Garden Bar</p> <p>Breakfast: WG Pancake on a Stick, Fruit, Juice, Milk</p>
18	19	20	21	22
<p align="center">Harvest of the Month Sausage Links, Tater Tots, Homemade Muffin with locally grown Sweet Potatoes Grapes Garden Bar</p> <p>Breakfast: WG Breakfast Pizza, juice, milk</p>	<p>WG Popcorn Chicken Mashed Potatoes/ Gravy Peaches WG Mini Rice Krispy Treat Garden bar</p> <p>Breakfast: WG Cinnamon Roll, Cheese Stick, juice, milk</p>	<p>WG Corn Dog on a Stick Carrot Coins Orange Slices Garden Bar</p> <p>Breakfast: WG Pancake on a Stick, fruit, juice, milk</p>	<p>Walking Tacos with WG Chips Whole Kernel Corn Blueberries/ Pineapple Garden Bar</p> <p>Breakfast: WG Muffin, Sausage, Tri- Tater, fruit, juice, milk</p>	<p>Chicken Patty on a WG Bun Baked Beans Pears Garden Bar</p> <p>Breakfast: WG Ultimate Breakfast Round, Yogurt Cup, Fruit, Juice, Milk</p>
25	26	27	28	
<p>WG Chicken Strips/ Oven Fries Fruit Cocktail Garden Bar</p> <p>Breakfast: WG Breakfast Pizza, fruit, juice, milk</p>	<p>Cheeseburger on a WG Bun Baked Beans Banana Garden Bar</p> <p>Breakfast: WG Banana Bread, Cheese Stick, fruit, juice, milk</p>	<p>WG Soft Shell Taco Green Beans Grapes Garden Bar</p> <p>Breakfast: WG French Toast Sticks, Juice, Milk</p>	<p>No School</p>	<p>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</p> <p>Menu is subject to change without notice</p>

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any foods served in the cafeteria.